

UNIVERSITY SCHOOLS ATHLETICS AND ACTIVITIES

Student's Name _____ Sport/Activity _____ Grade _____ School _____
(Please print) (If not at University)

NOTICE TO ATHLETES AND PARENTS/GUARDIANS

SERIOUS, CATASTROPHIC AND PERHAPS FATAL INJURY MAY RESULT FROM ATHLETIC PARTICIPATION

Many forms of athletic competition result in violent physical contact among players, the use of equipment which may result in accidents, strenuous physical exertion, and numerous other exposures to risk of injury.

Students and parents must assess the risks involved in such participation and make a choice to participate in spite of those risks. No amount of instruction, precaution, or supervision will totally eliminate all risk of injury.

Students will be instructed in proper techniques to be used in athletic competition and in the proper utilization of all equipment worn or used in practice and competition. Students must adhere to that instruction and utilization and must refrain from improper uses and techniques. By granting permission and by choosing to participate, you, and your student, acknowledge that such risk exists.

ATHLETIC/ACTIVITIES TRAINING RULES/DRUG AND ALCOHOL POLICY

The purpose of University Schools' training rules is to create a positive, healthy, drug and alcohol-free atmosphere. In keeping with this philosophy of wellness, student participants are expected to refrain from the use or possession of alcohol, tobacco, and other regulated and or harmful drugs, including steroids. These students are expected to be leaders within the student population by avoiding environments where alcohol or drug consumption is taking place. Any student who is having difficulty making decisions in the area of use or possession of regulated or harmful drugs is urged to seek assistance from the coach, activities director, administration, advisor, or counselor. University Schools is committed to offering resources to students who are struggling with these and other decisions affecting their lives at school.

Students who willingly violate training rules face consequences, all of which are intended to provide the best learning experience for the students. Students who violate training rules the first time must (1) meet with their parents, coach, activities director and principal to discuss their behavior; (2) face suspension from play for at least 20% of the total season schedule; (3) continue to practice and attend all team meetings and games; (4) meet with a school designee regarding substance use/abuse. If a student follows through on all four of the above commitments, he/she may be reinstated to full team membership and may participate in contests again. These consequences are intended to help instill in students a sense of personal responsibility for their decisions, decisions which will have an impact not only on themselves and their families, but also on coaches and teammates.

Students who violate training rules a second time within a school year will face immediate suspension from sports/activities for the remainder of that school year and will forfeit the opportunity to earn a school letter in the sport/activity that they are currently participating.

If a student comes forward on his/her own before being confronted by a coach or administrator to indicate that he/she has broken training rules and is seeking help with decision making, the coach or administrator will have the option to suspend that student for only 10% of the total season schedule. NOTE: This only applies to first offense. The student will still be expected to confer with parents, coach, activities director and principal and will be expected to make a plan and follow through with the plan for better decision making in the future. NOTE: IF AN OFFENSE OCCURS DURING SCHOOL TIME OR AT A SCHOOL SPONSORED EVENT THE SCHOOL DISCIPLINE AND CODE OF CONDUCT POLICY SUPERSEDES THE ENTIRE POLICY DESCRIBED ABOVE.

I grant permission for my child to participate in the University Schools' athletic/activities program. I further acknowledge that I have received a copy of the University Schools Athletic/Activities Handbook. I will read the policies and procedures set forth in this handbook and attend a Student and Parent Orientation Night.

Athlete's Signature

Date

Parent/Guardian's Signature

Date